



Titan™ Skin Tightening **Pre-Treatment Instructions**

For best results, please follow these pre-treatment instructions:

- If possible, please do not wear makeup to your treatment.
- Shave any area to be treated where applicable. A prep fee will be charged for arriving to an appointment unshaved.
- Avoid sun exposure and artificial tanning (both light based and self tanning products) in treatment area for 4 weeks prior to treatment. Use a daily sunscreen with a SPF of at least 30.
- Avoid any irritants to your skin, such as any products containing retinoic acid or benzoyl peroxide, for 1 week before the treatment.
- Please discuss with the physician and/or nurse any medications you are currently taking as well as any health concerns you may have prior to your treatment.